

| Spectra Blue Work and Career Questionnaire | | | |
|---|--|-------------|--------------|
| | Identifying Development Needs | True | False |
| 1 | I know my aptitudes, strengths and potential | | |
| 2 | I know enough about my career options | | |
| 3 | I know how to produce a career plan that will help me achieve my life goals | | |
| 4 | I know what work experience I need to achieve my career goals | | |
| 5 | I know how to identify my own learning and improvement needs | | |
| 6 | I know the skills, knowledge and behaviours I will need to secure my next job | | |
| 7 | I know how to maximise my earning potential | | |
| 8 | I have the determination and motivation to succeed in my career | | |
| 9 | I know what qualifications I will need to achieve my career goals | | |
| 10 | I have a Curriculum Vitae or Personal Statement that captures my strengths and abilities and will help me secure my next job and/or further/higher education course. | | |
| | Total | | |
| | | | |
| | My Personal Development Needs | | |
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